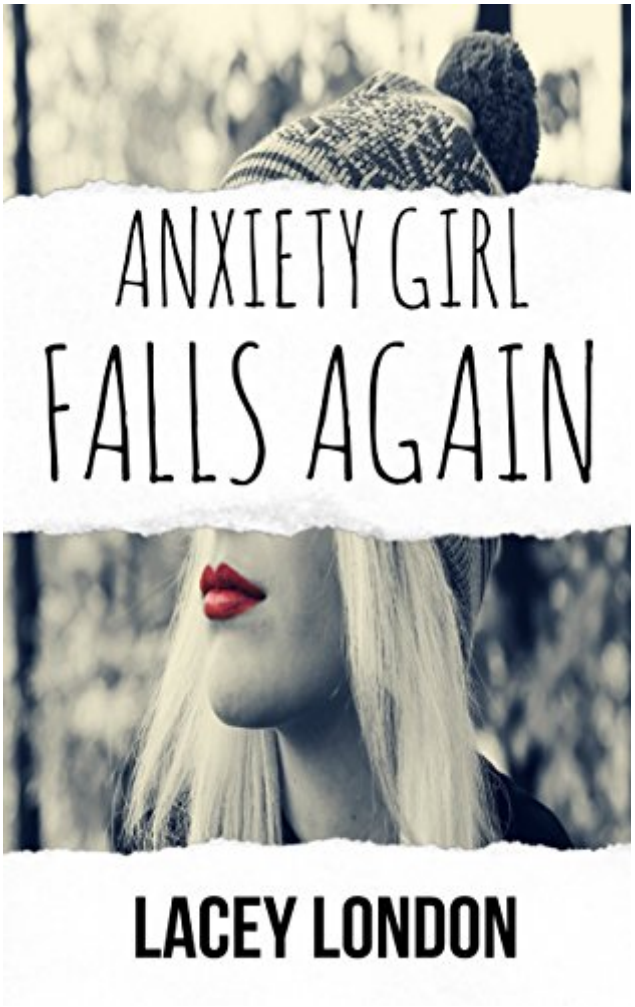
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Anxiety Girl Falls Again (Sadie Valentine - Book 2)



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Synopsis

After the huge success of Anxiety Girl, Lacey London brings you the highly-anticipated sequel.So, what did Sadie Valentine do next?After an emotional voyage through the minefield of anxiety and depression, Sadie decides to use her experience with mental health to help others.Becoming a counsellor for the support group that once helped her takes SadieÃ¢â ¬â„¢s life in a completely new direction and she soon finds herself absorbed in her new role.Knowing that sheÃ¢â ¬â„¢s aiding other sufferers through their darkest days gives her the ultimate job satisfaction, but when a mysterious and troubled man attends Anxiety Anonymous, Sadie wonders if she is out of her depth.Dealing with Aidan Wilder proves trickier than Sadie expected and itÃ¢â ¬â„¢s not long before those closest to her start to express their concerns.What led a dishevelled Aidan to the support group?As Sadie delves further into his life, her own demons make themselves known.Will unearthing AidanÃ¢â ¬â„¢s story cause Sadie to fall back into the dark world she fought so hard to escape?Join Sadie as she guides other sufferers back to mental wellness and battles her own torment along the wayÃ¢â ¬Â¦PRAISE FOR ANXIETY GIRLA fantastic insight into the fear, dread and debilitating illness that is anxiety and depression.Brilliantly written and very well observed.An eye-opening, thoroughly enjoyable and very relatable read.I honestly couldn’t put this book down!Entertaining, sometimes desperately sad, very often uplifting and hugely life-affirming.Another magnificent achievement for Lacey’s remarkable pen. I’ll never forget it.

Book Information

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Customer Reviews

Love this series!! These books are really good since they deal with such a deep subject. Both of these books have helped me see so much as far as anxiety goes in my own life and the lives of people around me. Definitely a great read!!

Lacey London knows how to write a great story and does this time and time and time again. I thoroughly enjoyed ’Anxiety Girl’ with its vulnerable yet determined and resilient protagonist Sadie Valentine. My eager anticipation of its sequel, ’Anxiety Girl Falls Again’ was rewarded with an uplifting, upbeat and totally engrossing tale that’s filled with intriguing twists and turns and resolutely draws the reader towards its wonderfully heartwarming and happy ending.Fans of Lacey’s work (and I suspect there will be multitudes of them) will be familiar with her hilarious and terrific ’Clara’ chick lit series that preceded ’Anxiety Girl’. Once met, Clara Andrews, the lively and engaging protagonist of this series, is never forgotten. She just gets better and better and better as she romps from page to page in laugh-a-minute adventures guaranteed to brighten anyone’s day. I’m delighted by the recent news that Lacey is currently working on another ’Clara’ title to be published, I think, later this year (I can’t wait for that).Sadie’s troubled and at times desperately sad world could not be more different from Clara’s and, just as she did so ably in the first ’Anxiety’ book, Lacey has shown great skill in her crafting of ’Anxiety Girl Falls Again’. The absence of humour (which I felt was the absolutely perfect hallmark of the first novel) remains, but my sense is the tone of this second story is somewhat lighter. That’s not to say that the material is light; it certainly isn’t (and the risk of a spoiler necessitates lack of further detail at this point). It feels as though a transition is taking place and Sadie is possibly moving towards Clara. I doubt their worlds will ever merge completely but hope that Sadie’s could become a good deal happier. I think it might. In this second book, Sadie is showing us that Lacey can undoubtedly write strong and compelling romantic fiction that exists very happily without the humour that fuels Clara’s chaotic everyday life.Above everything else, I was struck by the very clever way that Lacey introduces the ’anti-anxiety’ strategies that regularly feature in the narrative and reach out to the reader with such gentle authority. It would have been all too

easy to pepper the prose with 'pop psychology' hints and tips that often trivialise the overwhelming experience of incapacitating anxiety, but at no time does Lacey do this. In my opinion, everything she writes along these lines is delivered with great sensitivity to the reader and is entirely fitting to the narrative. After all, this is a work of fiction. It isn't a self-help manual. All the same, I doubt anyone could read this book without taking a great deal from it over and above pure entertainment, and that in itself must surely be a testament to Lacey's substantial writing prowess.Thank you once again, Lacey London. Another wonderful read to make my day complete!

Very enjoyable. Sadie is a great character. Lacy explains anxiety so well, even better than in the first book, Anxiety Girl. Can't wait for the next in the series.

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